

V27 Overnight & Back Pack List

(2 day + 1 overnight)

General:

Hiking Backpack that fits everything! (internal or external frame OK)

Sleeping

Fiber fill sleeping bag, 40 degree or better
sleeping pad or thermarest (no air mattress)
small personal tarp

Eating

Mess kit (unbreakable: lipped plate or bowl, cup, fork&spoon or spork,)

Shared items

1 backpack style cook stove, fuel & pot (shared for 4 people)
1 lightweight tent (shared for 2 people)

Uniform

Class A for the car, class B at camp

Clothing and Shoes

Change of underwear, socks, class B t-shirt (not cotton)
Lightweight waterproof jacket
Fleece for evening
hiking shoes in good condition
hat (preferably broad brimmed), warm beanie for cool nights
sport sandals or real water shoes (no flip flops) if canoeing or boating

Utilities

50 ft of paraline
flashlight with extra batteries & bulb
watch - water resistant
sunglasses with retention strap
sunblock, sun protection for lips (see hip pack)
mosquito (insect) repellent
water bottle(s) - unbreakable (minimum 2 liter total capacity), filled before trip starts
2 large plastic trash bags (emergency use)
small package of tissues
small toilet paper in ziploc bag

Toiletries

Toothpaste, toothbrush, dental floss,
Deodorant, personal medications (asthma? Etc.)
Ladies: Bring pads and/or tampons if there is ANY chance you will need them.

Hip pack (emergency kit)

Band-Aids, antiseptic cream, ace bandage,
moleskin, water purification tablets, sun screen, chap stick - preferably with sun protection,
safety pins, matches, extra shoe laces, compass, high intensity whistle, pocket knife, paper,
pen or pencil, space blanket, signal mirror

Money

Outing dependant (~\$7 mad money)

Food

Backpack food -- 2 bkfst, 2 lunches (no cook), 1 cook dinner

Optional

camera w/strap, film
2 meter radio if licensed, and/or FRS radio on 2 code 7

Label Everything

NOTE: FANNYPACK & WATER SHOULD BE WITH YOU AND HANDY